

**Foreign Labor Migration and Use of Remittance  
(Dharan-8 of Sunsari District)**

**A Dissertation Submitted to  
Central Department of Sociology in  
Partial Fulfillment of the Requirement for the Master Degree of  
Arts in Sociology**

**Submitted by:  
Pratichhya Rai**

**TRIBHUVAN UNIVERSITY  
CENTRAL DEPARTMENT OF SOCIOLOGY  
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**Tribhuvan University**  
**Faculty of Humanities and Social Sciences**  
**Central Department of Sociology**  
**Kirtipur, Kathmandu, Nepal**

**RECOMMENDATION LETTER**

This is to certify that Pratichhya Rai has completed the dissertation entitled “**Foreign Labour Migration and Use of Remittance (Dharan-8 of Sunsari District)**” under my guidance and supervision. I am satisfied with dissertation, therefore, I recommend to the Dissertation Committee for the evaluation and approval.

.....  
Dr. Surendra Mishra  
(Supervisor)  
Central Department of Sociology  
Tribhuvan University  
Kirtipur, Kathmandu

Date: Aug-19, 2019

**Tribhuvan University**  
**Faculty of Humanities and Social Sciences**  
**Central Department of Sociology**  
**Kirtipur, Kathmandu, Nepal**

**APPROVAL SHEET**

The dissertation entitled “**Foreign Labour Migration and Use of Remittance (Dharan-8 of Sunsari District)**” by Praticchya Rai had been evaluated and accepted for partial fulfillment of the requirement of Master Degree in Arts in Sociology.

**Dissertation Committee**

.....  
Dr. Tika Ram Gautam  
(Head of the Department)

.....  
Sudip Nakarmi  
(External Examiner)

.....  
Dr. Surendra Mishra  
(Supervisor)

Date: Aug-19, 2019

## DECLARATION

I hereby declare that the dissertation entitled “**Foreign Labour Migration and Use of Remittance (Dharan-8 of Sunsari District)**” submitted to Tribhuvan University, Central Department of Sociology is entirely my original work done in the partial fulfillment of the requirement for the Master Degree in Sociology under the guidance and supervision of Dr. Surendra Mishra. The result presented in this thesis has not ever been presented or published anywhere, in any purpose till present.

.....

Pratichhya Rai

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