

**SPORTS FACILITIES AND THEIR MANAGEMENT AMONG COMMUNITY-
RUN SECONDARY SCHOOLS IN PARBAT, DISTRICT**

By

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TRIBHUVAN UNIVERSITY

KIRTIPUR, KATHMANDU

DECEMBER, 2020

RECOMMENDATION LETTER

The thesis entitled "**Sports facilities and their management among community-run secondary schools in Parbat district**" is an independent work of Rita Nyaupane completed under my supervision.

It is prepared for the requirement of the partial fulfillment of Master Degree in Physical Education. To the best of my knowledge, the study is original and carries useful information in the field of Sports facilities and their Management in community run secondary school of Bihadi Rural Municipality, Parbat district.

I, therefore, recommend this thesis to the thesis evaluation committee for final evaluation and viva-voce.

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DECLARATION

I, hereby, declare that to the best of my knowledge this thesis is my original and no part of it was earlier submitted for the candidature of research degree to any University, College or Educational Institution. Whatever subject matter I have presented in this thesis report belongs to my own work and has not copied from past theses.

Date: 15th June 2020

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ABSTRACT

The study has entitled "Sports Facilities and Their Management among Community-Run Secondary Schools in Parbat District". It has conducted in Parbat district, Gandaki Province, Nepal. The objectives of this study were to explore the present status of sports facilities in the community schools and to identify the management aspect of different sports facilities in government run secondary schools. This research design was completely based on descriptive design. For these respondents, nine principals of nine secondary schools, nine HPE teachers and ten students in each school have taken through multi stage sampling methods. Hence, altogether 108 respondents were taken in this research study. The questionnaire and checklist have applied as tools of this study.

This research has found that there are not adequate facilities for sports in secondary schools. Despite having fewer facilities, management system was good. In some schools, the school teachers haven't given preferences to the sports which are essential for development aspects of students. Physical education and sports are essential subjects to all people. Furthermore, these are possession for trained physical teachers. Likewise, very less area of land from the school was found to be separated for sports where attractive playground cannot be made. Similarly, volleyball court, library and toilet facilities were found to be present in all schools and cricket ground, basketball court, and badminton court were found to be absent in all the schools. Moreover, it has found that respondents' schools have not given much priority to the international sports and matches. Likewise, it has found that these investment budgets by the government have not spend in sports sectors only, also the main problem was seen to be the lack of proper playground and lack of trained sports teacher. The need of secondary materials for sports like buildings, changing rooms, etc., had not been managed systematically. This research has concluded that sports management system of respondents' schools has not found satisfied.

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ABBREVIATION

ND:	Not Defined
HPE:	Health Physical Education
JSS:	Janakalayan Secondary School
ASS:	Ambari Secondary School
NSS:	Nepaltara Secondary School
SSS:	Sagarmatha Secondary School
LBSS:	Laxmi Bhawan Secondary School
WSS:	Wahaki Secondary School
CSS:	Chandra Secondary School (Khorpokhara)
CSS:	Chandra Secondary School (Uram)
SSS:	Shaligram Secondary School
FB:	Football
VB:	Volleyball
VBN:	Volleyball Net
CB:	Cricket Ball
CB:	Cricket Bat
BB:	Basket Ball
BR:	Badminton Racket
SC:	Shutting Cock
TTB:	Table tennis Bat
TTB:	Table tennis Ball
CB:	Cross Bar
TOB:	Take-off Board
TB:	Toe Board
D:	Drum (music)

SW: Stop Watch
MT: Measuring Tape
WM: Weighting Machine
FAB: First Aid Box
SP: Shot Put