#### **Gender Discrimination in Dalit Community:**

A Case Study of Dalit Community of Phakphokthum Rural Municipality of Ilam District

#### A Thesis

# Submitted To:

The Faculty of Humanities and Social Sciences Tribhuvan University Mahendra Ratna Multiple Campus, Ilam In partial fulfillment of the requirement for the Master's Degree of Arts in Rural Development

By:

RESHAM BAHADUR BARAILI T.U. Regd. No: 6-1-1-488-2001 Exam Roll No: 10083 Mahendra Ratna Multiple Campus, Ilam

Nov. 2017

### LETTER OF RECOMMENDATION

This thesis entitled Gender Discrimination in Dalit Community: A Case Study of Dalit Community of Phakphokthum Rural Municipality of Ilam District has been prepared by Resham Bahadur Baraili under my guidance and supervision. I hereby forward this thesis to the evaluation committee for final evaluation and approval.

Bed Nath Giri Supervisor

Date: 08-08-2074 24-11- 2017

#### **Approval Letter**

This thesis entitled Gender Discrimination in Dalit Community: A Case Study of Dalit Community of Phakphokthum Rural Municipality of Ilam District has been prepared by **Resham Bahadur Baraili** in partial fulfillment of the requirements for the Master's Degree (M.A.) in Rural Development has been approved by the evaluation committee.

**Evaluation Committee** 

Jas Bahadur Lungeli (Head of the Department)

(External Examiner)

Bed Nath Giri (Supervisor)

Date: 25-08-2074 11-12-2017

#### Declaration

I hereby heartily declare that the thesis Gender Discrimination in dalit Community: A Case Study of Dalit Community Phakphokthum Rural Municipality of Ilam District has been prepared by Resham Bahadur Baraili and submitted to the Department of Rural Development, Mahendra Ratna Multiple Campus, Ilam. It is my original and empirical work prepared under the intellectual guidance of my respected supervisor Bed Nath Giri, faculty of the Department of Rural Development. I truly state that I have borrowed all ideas and information from different sources for the preparation of this thesis.

I make due acknowledgments to them declaring that the results of this thesis have not been presented and submitted anywhere else for the award of any degree and for any other proposes. I want to assure that any part of the contents of this thesis has not been published in any form before.

Resham Bahadur Baraili T.U. Regd. No.- 6-1-1-488-2001

Date: 08-08-2074

24 Nov, 2017

#### ACKNOWLEDGMENTS

This thesis entitled "Gender Discrimination in Dalit Community "A Case Study of Dalit Community Phakphokthum Rural Municipality of Ilam Distric" has been prepared for partial fulfillment of the requirement for the Master's Degree in Rural Development.

I am very pleased to express my dense of gratitude to my thesis Supervisor Bed Nath Giri, Department of Rural Development, Mahendra Ratna Multiple Campus, Ilam for his valuable guidance, suggestions and encouragement without which this work would never have completed. I am extremely grateful to the Head of Department of Rural Development J.B. Lungeli for providing me this opportunity, many important suggestions without which this work could not have come through. I also owe my gratitude to the faculties of Department of Rural Development Chandika Parajuli and Dev Raj Ghimire, non-teaching staffs and Krishna Kumar Rai without their direct and indirect help this work would not have completed.

I would like to express my deep indebtedness to all of who belong to the entire members of my study area. Then I would like to express my sincere thank and gratitude to informants, other teachers, friends and family members. I would like to thank the Librarians of the campus for their kind cooperation in providing all sorts of information that this study incorporated.

Date: 2074- 08-08

**Resham Bahadur Baraili** 

#### ABSTRACT

This thesis on "Gender Discrimination in Dalit Community 'A Case Study of Dalit community Phakphokthum Rural Municipality of Ilam District" intends to see the pattern of discrimination in social / individual (family) life as being Dalit women, to see the impact of discrimination in gaining benefits of development and to find the ways to bring Dalit women in mainstream of development process.

For this purpose, descriptive and exploratory, qualitative and quantitative methodologies were followed.

The study was based on both the primary and secondary data. The primary data were collected in the field study with the help of household survey, questionnaires and interview. On the other hand the secondary data were selected from the published and unpublished books, articles and journals etc. which is related to the study.

The study revealed that the males have higher role in family economy but the female's role is very important than male because most of the females go for wage labor for supporting financial economy in the family. Patriarchy persists strongly in the study area; males have dominant rights over the family properties. Female population has to work longer hours and do more cumbersome works than male because besides the household work they have to do the agricultural work and the go to the wage labor as well.

There is of course gender discrimination but the discrimination seems to have no huge difference than the discrimination prevalent in the similar status holding society of the other people. They are forced to carry up a certain level of humiliation and low feeling as being dalit women. The economic status of the Dalit people of Phakphokthum Rural Municipalityis very low that has left the women of this community in vulnerable situation. They have to work longer hours without proper rest, proper health check ups, and proper nutrition. They have to contribute almost equally in some case more than males to their family income. Both managing family income and regular female tagged work has made their life miserable. NGOs has been failed to understand the urgent need of the people. To bring into the mainstream of the development the Dalit community people should be improved politically, economically and socially.

## **TABLE OF CONTENTS**

TitleP	
Declaration	ii
Letter of Recommendation	iii
Approval Sheet	iv
Acknowledgements	V
Abstract	vi
Table of contents	
List of table	viii
List of figures	ix
Acronyms	х

## CHAPTER – I

#### **INTRODUCTION**

1. Background of the study	1
1.2 Statement of the problem	4
1.2.1 Dalit Occupational Castes	7
1.3 Objectives of the Study	8
1.4 Limitation of the Study	8
1.5 Rationale of the Study	9
1.6 Organization of the Study	9

## CHAPTER – II

#### LITERATURE REVIEW

2.1	Theoretical Literature	14
2.2	Sustainable Rural Livelihood Framework	15
2.3	Literature Related to livelihood Aspect	18
2.4	Agriculture Related Literatures	19
2.4	.1 Women's Movement	20

2.4.2 Women's Situation	26
2.5 Discrimination at Settlement/Community Sites	29
2.6 Discrimination Community Sites	30
2.7 Socio-Economic Conditionss and Discrimination agaist the Dalits	31

### **CHAPTER – III**

#### **RESEARCH METHODOLOGY**

3.1 Research Design	32
3.2 Nature and Source of Data Collection	32
3.3 Techniques and Tools of Data Collection	32
3.3.1 Population and Sampling	33
3.3.2 Household Survey	33
3.3.3 Focus Group Discussion (FGD)	33
3.3.4 Key Information Interview	33

## CHAPTER – IV

#### DATA PRESENTATION AND ANALYSIS

4. Introduction of Ilam District	
4.1.1 Natural Resources	
4.1.2 Flora and Fauna	36
4.1.3 Climate of Phakphokthum Rural Municipality	36
4.1.4 Selection of the Study Area	37
4.1.5 Literacy	38
4.2 Occupations	39
4.3 Age and Marital Status	40
4.4 Social relationship	41
4.5 Land Pattern	42
4.6 Land distribution	42
4.7 Land Ownership pattern	43
4.8 Political Participation	44
4.9 Wage Labour and Wage Earnings	44
4.10 Discrimination in Distribution of the Reservation	45

4.11 Women's Involvement Financiala Resources	46
4.12 Wage Discrimination among Male and Female	47

### CHAPTER-V

### SUMMARY, FINDINGS CONCLUSIONS AND RECOMMENDATIONS

5.1 Summary	48	
5.1.1 Major Findings	49	
5.2 Conclusions	51	
5.3 Recommendations	52	
Reference		
Annexs		
Annex I- Questionnaire		

Annex II- Map of Study Area

**Annex III- Pictures/Photos** 

### LIST OF TABLE

Table No.	Page No.
4.1 Distribution of respondents by Educational Status	38
4.2 Distribution of Respondents According to Occupation	39
4.3 Age of the Respondents	40
4.5 Pattern of Land Cultivation	42
4.6 Ropani of the land	43
4.7 Land Ownership pattern	43
4.9 Reporting Income from Wage Labour by Caste/Ethnic	45
4.10 Effectiveness of Quota System among Dalit	45
4.11 Involvement of Women Members Financial empowerment	46
4.12 Wage Discrimination among Male and Female	47

#### LIST OF FIGURE

Fig	ure No. Title	Page No.
4.1	Educational Level of the Respondents	39
4.2	Age of the Respondents	41
4.3	Social relationship of the Respondents	41
4.4	Political Participation	44

### ACRONYMS AND ABBREVIATIONS

NGOs	:	Non-Government Organizations
INGOs	:	International Non-Government Organizations
VDC	:	Village Development Committee
HDI	:	Human Development Indicators
NDC	:	National Dalit Commission
НКН	:	Hindu Kash Himalayan
NWFP	:	North Western Frontier Province
FGD	:	Focus Group Discussion
PRMI	:	Phakphokthum Rural Municipality Ilam