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A Thesis Submitted to the Department of English Education

In Partial Fulfilment for Master of Education in English

Submitted by

Sangita Lamichhane

Faculty of Education

Tribhuvan University

Kirtipur, Kathmandu

Nepal

2023

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Declaration

I, hereby, declare that to the best of my knowledge this research is original; no

rt of it was earlier submitted for the candidature of research to any univers	ity.
ate: 07-08-2023	
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Recommendation for Acceptance

This is to certify that **Mrs. Sangita Lamichhane** has prepared this thesis entitled **English Language Teachers' Efforts For Professional Development** under my guidance and supervision.

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26/05/2080

Dedicated

to

My parents

&

My husband

for their unconditional love, support, encouragement and sacrifices.

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Abstract

This study is entitled English Language Teachers' Efforts for Professional **Development**. The main objectives of this research study were to explore the efforts done by the English teachers for their professional development, to analyze the role of internet based resources and teachers' training for teachers' professional development, and to suggest some pedagogical implications. Survey was the research design of the study. Only forty secondary level English teachers teaching in the community schools of Dhading district were selected as the sample of the study. The teacher respondents were chosen through purposive sampling procedure. To fulfill the objective, collected data were analyzed descriptively and thematically. It was found that efforts adopted by teachers are self monitoring, self review, use of internet, attending conference and seminar. The teachers viewed that the efforts they adopted in their teaching help them to enhance the professional career and make teaching learning activities more effective. Moreover, it showed that internet based resources help for developing professional skill. The study found that, most of the teachers used internet based resources suchs YouTube, Blog, Google, etc. for their professional development. It was also found that teachers attended seminar, conferences, workshop for their professional development.

This thesis is divided into five different chapters. The first chapter introduces of the study. It consists of the background of the study, statement of the problem, objectives of the study, research questions, delimitations of the study and operational definitions of the key terms. Likewise, the second chapter deals with the review of theoretical as well as empirical literature. The third chapter deals with the methods and procedure of the study. It consists of research design of the study, population and sample, sampling procedure, tools of data collection and process of data collection. Similarly, the fourth chapter displays analysis and interpretation of results. Moreover, the last chapter involves finding, conclusion and implications at various levels i.e. policy level, practice level and further research. The references and appendices are mentioned at the end.

List of Abbreviation

ELT : English Language Teaching

M.Ed. : Master of Education

Regd : Registration

TPD : Teacher Professional Development

TU : Tribhuvan University

WWW : World Wide Web

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